



Sometimes patients need to help themselves.

Patients who are active in their own treatment plans have been shown to make more complete recoveries.<sup>1</sup>

Help your patient heal more quickly and completely by allowing them access to equipment that gives them options in their own positioning and helps maintain their arm & core muscle strength.

1. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3964421/>

The LadderAL Patient Assist Ladder is for use in lateral transfers and allows the patient to rise from a recumbent to sitting position.

The patient uses the ladder to climb to a sitting position, rather than hold onto the clinician. It can be used in MRI, CT, and Radiation therapy rooms. A variable resistance trolley allows the ladder to move freely on its track, yet provides firm support when necessary.

## Ladder Features

- Max Capacity: 400 lbs (181 kg)
- Variable Resistance Trolley
- Enables patient to use their own strength and core muscles

## Maintenance Recommendations

In order to ensure safe and proper function of the LadderAL Patient Assist Ladder, regular inspection and maintenance are necessary:

**Before each use:** Ensure assist ladder is free from damage or wear. Check the straps & stitching for wear. Inspect the rungs for sharp edges. Tug to ensure it is securely attached to the trolley.

**Quarterly:** All of the above, plus confirm trolley stays in place when a load is applied to the ladder.

**Yearly:** All of the above, plus confirm that trolley wheels move freely along the track and visually inspect rail system to confirm end stops and end caps are present and the track bracket screws are present.

Should there be any questions or concerns about the rails or ladders, please contact Tollos immediately at [service@tollos.com](mailto:service@tollos.com) or 888-363-7224.

## Spot Cleaning Guidelines

Between patient use, wipe clean all hard surfaces with a standard hospital disinfectant.

**NOTE:** Do NOT use chlorine bleach or alkaline builders. Use of these products will void the warranty of the ladder.

When the ladder becomes soiled, refer to the washing instructions enclosed with the product.

